# **AT-HOME SYMPTOM SCREENING** & HEALTH REMINDERS



## IF YOUR CHILD HAS COVID-LIKE SYMPTOMS...

Primary symptoms of COVID-19 include shortness of breath, coughing, and fever (greater than 100.3) or chills. Other symptoms can include (but are not limited to) congestion, sore throat, diarrhea, abdominal pain, body aches, and loss of taste or smell.

If you or your child is experiencing two or more of the symptoms listed above, he/she may need a negative test to return to school or alternative diagnosis by a physician.

Please consult with Nurse Beth before sending your child back to school and in short, please keep your child home if they aren't feeling well.

#### HAVE YOU EXPERIENCED ANY OF THE FOLLOWING?

symptoms, avoid public settings and

contact your healthcare provider.

- COUGH
- SHORTNESS OF BREATH
- DIFFICULTY BREATHING
- SORE THROAT

### HAVE YOU EXPERIENCED ANY OF THE FOLLOWING WITHIN THE PAST 48 HOURS?

- FEVER
- CHILLS
- MUSCLE ACHES/PAINS

NON-COVID RELATED ILLNESSES...

We understand that children are bound to get sick with non-COVID related illnesses. If your child is not feeling well or has any cold symptoms, we ask that your child stay home until their symptoms have improved. If your child is diagnosed with a communicable disease that has similar symptoms to COVID, a doctor's note may be required to return to school.

We also realize that your child may have baseline symptoms related to chronic conditions (allergies, asthma, etc.) that could appear to be COVID-like symptoms. We will do our best to take into consideration your child's baseline symptoms in these situations.

#### DO YOU HAVE A NEW LOSS OF **TASTE OR SMELL?**

#### DO YOU HAVE A NEWLY-ONSET HEADACHE?

- ARE YOU EXPERIENCING:
- NAUSEA
- VOMITING

IF YOU HAVE ANY QUESTIONS PLEASE CONTACT NURSE BETH GATZOW 262-367-2000 EXT. 120 NURSE@SWALLOWSCHOOL.ORG 9:00 A.M. - 3:00 P.M.





